

# Projects from Around the World

## Make Your Own Australian-Style Rhythm Sticks



### What are Bilma?

In Australia there are a special kind of rhythm sticks that are called bilma and they are a part of a special Aboriginal corroboree ceremony. To play your bilma, tap them together to create a beat.

### You'll need:

- 2 wooden pieces about 6 – 8” in length
  - Sandpaper
  - Craft paint
- Q-tips (for the dot design pattern)
  - Textured fabric paint
- Clear lacquer (if desired, to seal the project when it's completed).

### How to:

1. Sand your wooden pieces to remove any rough edges and give them the shape you want. You can leave them natural or give them a base paint prior to decorating.
2. Once they are prepped, you can start to design. Use Q-tips for the dot design pattern, or textured fabric paint for a more textured designed.

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## Make Your Own Japanese Hand Fan



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What is a Japanese hand fan?

The folding Japanese fan is very important in the culture of the Japanese society. A folding fan is called a “sensu” or “o-gi”, and these fans are associated with some traditional dance forms and other cultural aspects of Japan. Both of these fans have Japanese calligraphy writing or beautiful patterns decorating them.

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You'll need:

- 12×18 white paper
  - Watercolors
  - Paintbrushes
  - Popsicle sticks
    - Tape
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How to:

1. Fold paper in half horizontally like a book.
2. On the folded side draw half of a fan shape (like a arch) and cut.
3. Lightly draw a piece from nature. For example: trees with branches and leaves.
4. Using watercolor, make bold brush strokes.
5. Let dry.
6. Fold the paper back and forth, creasing each time. Gather the paper together to form the fan and staple or glue.
7. Tape to Popsicle sticks together to form a handle.
8. Display the finished fans.

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## Make Your Own Totem Pole



What is a totem pole?

The Northwest Coast Native People carved totem poles out of giant cedar trees. Totem poles are a way of passing stories from one generation to another. The figures on totem poles are symbols, usually of animals and birds. Totem poles are not worshipped, but instead represent the history or story of a tribe, clan, family or person.

You'll need:

- Empty paper towel or wrapping paper rolls, cut into equal pieces
  - Crayons and/or markers
  - Construction paper (many colours)
    - Glue
    - Scissors

How to:

1. Cut a piece of construction paper long enough to wrap around the paper roll pieces
2. Lay the paper out flat and draw on an animal's face.
3. When you have finished drawing the face, glue the construction paper around the toilet paper roll.
4. Cut a triangular shape (for the nose or beak) out of the construction paper, crease it down the middle (so it will stick out) and glue the edges onto the face.
5. Cut a pair of wings and glue them to your totem.